

### WE LIKE TO KEEP OUR PATIENTS UP TO DATE ON WHAT IS HAPPENING AT THE LYNDHURST DENTAL CENTRE

### HERE'S WHAT'S HAPPENING SO FAR IN 2017.

#### WHATS NEW AT LYNDHURST DENTAL CENTRE:

##### NEW SERVICES

**MYOBRACE** - Myobrace treatment involves using a series of appliances which have the proven triple function of correcting habits that cause poor dental development, developing the upper and lower arches, while also providing light forces to align the teeth into their natural position. Myobrace is based on over 20 years of experience in correcting orthodontic problems without the need for braces.

[www.myobrace.com/](http://www.myobrace.com/)

**PERIO PROTECT** - The Perio Protect Program is a comprehensive approach to gum disease treatment. It combines dental cleanings with comfortable Perio Trays<sup>®</sup> to deliver medication in specific areas that patients use at home between office visits. The Perio Tray is similar to a mouth-guard, but it has a special sealing system to deliver medication below the gums which destroys the bacteria. You put medication in the tray and wear it for a few minutes a day. The medication fights the infection. It's that easy. <https://www.perioprotect.com/>

**ROOT CANAL THERAPY** - When the nerve of your tooth becomes infected or dies a successful root canal lets you keep the tooth rather than having to pull it out. During root canal or endodontic treatment, the inflamed or infected pulp or nerve is removed and the inside of the tooth is carefully cleaned and disinfected, then filled and sealed. Afterwards, the tooth is restored with a crown or filling for protection.

**RECALL SYSTEM PRO** - If you have email or texting you may have noticed that you have already received reminders from us. Instead of us trying to reach you by phone this system allows automatic reminders to go directly to your email or cell phone. To confirm that you will be attending your appointment it is as simple as hitting the "confirm" button.

**IMPLANTS** - Dental implants offer solutions for tooth replacement that look and feel natural. **Dr. Firouzi** has completed extensive training on the placement of implants. He can now place implants and follow them through to the final restoration.

##### NEW TEAM MEMBERS

**JULIE** is a certified level II dental assistant who joined our practice in January. She is also a Personal Support Worker and a Registered Massage Therapist.

Julie has completed additional training in Kinesio Taping, Reiki Level 1, Schweitzer's Deep Tissue Massage Therapy and Hot Stone Massage.

Julie graduated from the Kingston Learning Centre in 2005 and had been working in Brockville before joining our team.

Playing softball, hockey and taking her yellow lab Gertie for long walks keep Julie occupied in her spare time. She grew up in Elgin, Ontario and lives there still.

### **COMMUNITY**

**DIABETES & YOU Drop In** - Will take place Thursday April 20th 2017 from 10:00am - 11:30am, at Country Roads Community Health Centre, Portland ON. Alicia Dwyre is one of our Registered Dental Hygienists at the Lyndhurst Dental Centre. She will be speaking about diabetes and your oral health. Contact Jane for more information. 613-272-2799 Ext. 228.

**ALL WELCOME! COME JOIN US AND LEARN HOW ORAL HEALTH AFFECTS DIABETES AND HOW DIABETES AFFECTS YOUR ORAL HEALTH!**

**PATIENT OF THE MONTH:** M.B. Before and After Perio Protect program, gums are healthier and a rewarding side effect is teeth look whiter!



**CHECK OUT OUR NEW WEBSITE AT:** <http://www.lyndhurstdental.ca/>

We welcome your testimonials on our new website, please forward them to: [hygiene ldc@gmail.com](mailto:hygiene ldc@gmail.com) or call the office @ **613-928-2326**.

### **STAFF EMAIL:**

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